



FINGER PRAYER

1. Look at your thumb! Your thumb is closest to your heart so we pray for those who are closest to us; our mam & dad, our sisters & brothers, our grandparents, our uncles, aunts & cousins. *"Loving God, bless the people who are close to me, bless my parents, my sisters & brothers, my grandparents, my uncles, aunts & cousins. Keep them safe and well and help us to love each other. Amen."*
2. The next finger is your pointing finger; we pray for those who point the way for us; our teachers, church leaders and doctors. *"Loving God, bless everyone who leads us; bless our teachers, the leaders of the church and the doctors and nurses who keep us safe & well. Give them everything they need to do the best job they can do for all of us. Amen."*
3. The next finger is the middle finger, the tallest finger. We pray for those who lead our country; the government, the police who keep us safe and everyone who works for other people. *"Loving God, bless the leaders of our country and everyone who works to make our lives better & safer. Bless them to make good decisions for everyone, but especially those who need most help. Amen."*
4. The next finger is the weakest finger. We pray for those who are weak, or poor or need our help - we cannot pray too much for them. *"Loving God, bless those who need the most help, people who are poor, or in trouble, people who are sad or lonely or have no friends. Help us to reach out to them and to make their lives better. Amen."*
5. And finally our little our finger: we pray for ourselves, we ask God to help us all the things that are troubling us, we ask God to help us to be a good friend, to be nice to our family and our teachers and most of all to be a good friend of Jesus. *"Loving God, help me to be the best that I can be, help to be a good friend, help to be good in school and to do my best and to be best friends with you. Amen."*